Disclosure

- I have no relevant financial relationships with the manufacturers(s) of any commercial product(s) and/or provider of commercial services discussed in this CME activity.
- I do not intend to discuss an unapproved/investigative use of a commercial product/device in my presentation.

Today’s Discussion

- Bureau of Family Health & Kansas MCH
- Statewide MCH Needs Assessment
- MCH State Action Plan Highlights
  - State Priorities
  - Performance Measures
  - Objectives & Strategies
- Opportunities for Partnership: Let’s Do Something Differently!
- Tools & Resources
- Questions & Discussion
KS Bureau of Family Health
PROGRAMMING & INVESTMENTS

Bureau of Family Health

• Provide leadership to enhance the health of Kansas women and children in partnership with families and communities

Mission

Bureau Programming

• Maternal & Child Health
• Home Visiting
• Reproductive Health & Family Planning
• Early Childhood Screening/Systems
• Special Health Care Needs
• Newborn Screening
• Birth Defects Surveillance
• Infant-Toddler Services
• Women, Infants, and Children (WIC)
• Child Care Licensing
• Lead Hazard Prevention
Primary Investments

From a Family Health Perspective

• Maternal health/education/care incl. screening
• Reducing smoking/tobacco use
• Reducing early term/pre-term birth
• Breastfeeding education and support
• Safe sleep/reducing SUID and SIDS
• Home Visiting incl. screening
• School-based health/education/services
• Quality and safe early care and education
• Care coordination (family centered)
• Special health services incl. telehealth
• Systems/service integration (public-private)

MCH Needs Assessment & State Action Plan

PRIORITIES & MEASURES (2016-2020)

MCH Population Domains*

1. Women/Maternal (18-44; pregnant)
2. Perinatal/Infant (<1 year)
3. Child (1-11 years)
4. Adolescent (12-22)
5. Children & Youth w/Special Health Care Needs (0-22)
6. Cross-cutting/Life Course

*MCH 3.0 effective October 2015 (FFY2016)
CYSHCN Population

CYSHCN (as defined by Title V)

“Children with special health care needs (CYSHCN) are those who have, or are at risk for a chronic physical, developmental, behavioral, or emotional condition and who also require health and related services of a type or amount beyond that required by children generally.”

NEEDS ASSESSMENT Overall Process 2014-2015

- Identify Needs prevention and primary care services
- Select State Priorities
- Select 8 (of 15) National Performance Measures
- Inform Kansas programming, funding, partnerships

Needs Assessment Results

http://www.kdheks.gov/bfh
State MCH Priorities

1. Women have access to and receive coordinated, comprehensive services before, during and after pregnancy. **Women/Maternal**
2. Services and supports promote healthy family functioning. **Cross-cutting**
3. Developmentally appropriate care and services are provided across the lifespan. **Child**
4. Families are empowered and equipped to make educated choices about infant health and well-being. **Perinatal/Infant**

State MCH Priorities

5. Communities and providers/systems of care support physical, social and emotional health. **Adolescent**
6. Professionals have the knowledge and skills to address the needs of maternal and child populations. **Cross-cutting**
7. Services are comprehensive and coordinated across systems and providers. **Special Health Care Needs**
8. Information is available to support informed health decisions and choices. **Cross-cutting**

Selected NPMs (8 of 15)

- NPM1: Well-woman visit
- NPM4: Breastfeeding (ever; exclusively 6 months)
- NPM6: Developmental screening (10-71 months)
- NPM7: Child injury (0-9)
- NPM9: Bullying (12-17)
- NPM10: Adolescent well-visit (12-17)
- NPM11: Medical home
- NPM14: Smoking (pregnancy & household)

*National Performance Measures*
State Action Plan: Priority 1

- Women have access to and receive coordinated, comprehensive services before, during and after pregnancy
  - Well woman visit (increase education and access)
  - Prenatal and postnatal risk screening at every visit
  - Prenatal care and education
  - Progesterone as intervention for preterm birth
  - Reduce Early Elective Delivery

Domain: Women & Maternal
Measures: % of women with a past year preventive visit; % preterm births

State Action Plan: Priority 2

- Services and supports promote healthy family functioning
  - Trauma-informed care
  - Father/male engagement
  - Empower and build strong MCH Advocates
  - Care Coordination
  - Adolescent Caregiver Supports
  - Peer to Peer
  - Home visiting program expansion and referral

Domain: Cross-cutting
Measure: % of children living with parents needing emotional help

State Action Plan: Priority 3

- Developmentally appropriate care and services are provided across the lifespan
  - Developmental screening 1 month to Kindergarten age
  - Motor vehicle safety (car seats – size and age appropriate)
  - Home safety (home visits and risk assessments)
  - Physical activity (home based child care and schools)
  - Social-emotional development education (child care)

Domain: Child
Measures: Dev. screening 10-71 mos; injury 0-9 yrs; physical activity 6-17 yrs
State Action Plan: Priority 4

• Families are empowered and equipped to make educated choices infant health and well-being
  • Community breastfeeding cross-sector approach
  • Baby Friendly hospitals
  • Nutrition education – optimal feeding (prenatal and postpartum)
  • Infant feeding session – BAM, other

Domain: Perinatal & Infant
Measures: % ever breastfed, exclusively through 6 mos; safe sleep trainings

State Action Plan: Priority 5

• Communities and providers support physical, social, and emotional health
  • Adolescent immunizations (especially HPV)
  • Suicide prevention (assess for risk and intervene)
  • Adolescent preventive services (promote and follow up)
  • School-based bullying prevention policies and programs
  • Positive youth development services/programs

Domain: Adolescent
Measures: % 12-17 yrs bullied or who bully others; % 12-17 yrs last year well visit

Key Recommendations Related to Priority 5
1. Address the highest priority adolescent health issues.
2. Help families support the health and well-being of adolescents.
3. Provide educational environments that prepare youth for healthy adulthood.
4. Encourage collaborations and increase community support for those working for and with youth.
5. Improve the responsiveness, availability, and access of health care to youth.
State Action Plan: Priority 6

• Professionals have the knowledge and skills to address the needs of maternal and child health populations
  • Smoking/tobacco screening and referral
  • Oral health collaboration and preventive services
  • Prepared providers (SHCN diversity, inclusion, integration)
  • Prepared, qualified workforce (evidence-based services)

Domain: Cross-cutting
Measures: % women smoking during pregnancy; % children in smoking households

State Action Plan: Priority 7

• Services are comprehensive and coordinated across systems and providers
  • Family satisfaction and provider communication
  • Care coordination supports
    • Co-host webinars and/or seminars about care coordination
    • Engage families in the co-development of activities
  • Integrated systems, increased system collaboration
  • Provider training and education (SHCN into adulthood)
  • Individual/family support (system navigation – life course)

Domain: Children & Youth with Special Health Care Needs
Measure: % of children with a medical home (with and without SHCN)

State Action Plan: Priority 8

• Information is available to support informed health decisions and choices
  • Health information available to families
  • Education and knowledge to support informed health decision-making
  • Partnerships to increase reach and impact of information on healthy decisions and navigating health care/coverage (preschool and school-age children)

Domain: Cross-cutting
Measure: % of adults having difficulty understanding health information
Next Steps = Action!

**Maternal Health** *(Priority 1)*
- Screening
  - Maternal Depression
  - Tobacco/smoking
- Education and/or counseling
  - Prenatal and postnatal visits
  - Preventive health/well visits
- Referral and follow up

Next Steps = Action!

**Infant Health: Breastfeeding & Safe Sleep** *(Priority 4)*
- Access and utilize state and local resources
- Reinforce and support messages and programs
- Breastfeeding
  - Asking, promoting, encouraging
  - Refer for support (LHD, Coalition)
  - Focus on duration and exclusivity
- Safe Sleep (SIDS/SUID Reduction)
  - Promote AAP safe sleep guidelines
  - Utilize the KIDS Network safe sleep toolkit

Next Steps = Action!

**Adolescent Health: Bullying Prevention, Suicide Prevention & Assessment, Well Visits** *(Priority 5)*
- Mental health screening, referral, treatment
  (Adverse Childhood Experiences – ACES)
- Substance abuse prevention, screening, referral, treatment
- Suicide risk assessment and response
- Adolescent well visits and contraception
  (Long Acting Reversible Contraceptives)
- Immunizations per recommended schedule (HPV)
Next Steps = Action!

Smoking in the Home (Priority 6)
- Screen for smoking in the home
- Refer and follow up (counseling, intervention, etc.)
- Identify and education regarding increased SIDS/SUID risk
- Support and reinforce what’s going on in your community

Care Coordination & Medical Home (Priority 7 & 8)
- Care coordination
  - What meets the standards?
  - What assistance is needed?
- Medical Home
  - What components are being integrated?
  - What are barriers to becoming a MH?
- Transition Planning
  - Incorporate information into visits
  - Distribute *The Future is Now THINK BIG: Preparing for Transition Planning* (7-13 years; 14-19 years)

Resources & Tools
FOR MORE INFORMATION
Websites & Helpful Links

- Kansas MCH (MCH Plan, Resources, Council) [http://www.kansasmch.org](http://www.kansasmch.org)
- KDHE Bureau of Family Health (MCH/SHCN Programming) [http://www.kdhекс.gov/bfh](http://www.kdhекс.gov/bfh)
- KDHE Bureau of Health Promotion (Safe Kids, Injury) [http://www.kdhекс.gov/bhp](http://www.kdhекс.gov/bhp)
- KSU Research & Extension [http://www.he.k-state.edu/fshs/extension/](http://www.he.k-state.edu/fshs/extension/)
- Association of Maternal & Child Health Programs [www.amchp.org](http://www.amchp.org)
- SAMHSA Too Smart to Start (underage drinking) [http://www.samhsa.gov/too-smart-to-start](http://www.samhsa.gov/too-smart-to-start)
- Stopbullying.gov (provider resources) [http://www.stopbullying.gov/](http://www.stopbullying.gov/)

Kansas MCH Website

[http://www.kansasmch.org](http://www.kansasmch.org)

Kansas MCH Facebook Page

[http://www.facebook.com/kansasmch](http://www.facebook.com/kansasmch)
How Can We Assist YOU?

DISCUSSION & QUESTIONS

More Information

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