# Childhood vaccines can prevent these 8 Diseases

## 1. DIPHTHERIA

**Signs and symptoms** include a thick covering in the back of the throat that can make it hard to breathe. **Diphtheria can lead to** breathing problems, and heart failure.

### 2. TETANUS (Lockjaw)

Signs and symptoms include painful tightening of the muscles, usually all over the body.

**Tetanus can lead to stiffness of the jaw so victims can't open their mouth or swallow.** 

## 3. PERTUSSIS (Whooping Cough)

**Signs and symptoms** include violent coughing spells that can make it hard for a baby to eat, drink, or breathe. These spells can last for weeks.

**Pertussis can lead to** pneumonia, seizures, and brain damage.

## 4. HIB (Haemophilus influenzae type b)

Signs and symptoms can include trouble breathing. There may not be any signs or symptoms in mild cases.

**Hib can lead to** meningitis (infection of the brain and spinal cord coverings); pneumonia; infections of the blood, joints, bones, and covering of the heart; brain damage; and deafness.

#### 5. HEPATITIS B

**Signs and symptoms** can include tiredness, diarrhea and vomiting, jaundice (yellow skin or eyes), and pain in muscles, joints and stomach. But usually there are no signs or symptoms at all.

**Hepatitis B can lead to** liver damage, and liver cancer.

# 6. POLIO

**Signs and symptoms** can include flu-like illness, or there may be no signs or symptoms at all.

Polio can lead to paralysis (can't move an arm or leg).

#### 7. PNEUMOCOCCAL DISEASE

**Signs and symptoms** include fever, chills, cough, and chest pain.

**Pneumococcal disease can lead to** meningitis (infection of the brain and spinal cord coverings), blood infections, ear infections, pneumonia, deafness, and brain damage.

# 8. ROTAVIRUS

**Signs and symptoms** include watery diarrhea (sometimes severe), vomiting, fever, and stomach pain. **Rotavirus can lead to** dehydration and hospitalization.

Any of these diseases can lead to death.

#### How do babies catch these diseases?

Usually from contact with other children or adults who are already infected, sometimes without even knowing they are infected. A mother with **Hepatitis B** infection can also infect her baby at birth. **Tetanus** enters the body through a cut or wound; it is not spread from person to person.